

# 17<sup>th</sup> NATIONAL SWIMMING CHAMPIONSHIPS FOR PRIMARY SCHOOLS – RELAYS

## DIVISION 10 – 2011 DIVISIONAL ENTRY

**Championship date: Friday 6<sup>th</sup> May 2011**

**Venue: Woodside Leisure Centre, Watford, WD25 7HH**

**6.30pm for 7.00pm**

**School:**

**School Address:**  
.....  
.....  
.....  
**Post Code:** .....

**Teacher I/C  
on Poolside:**

**Sch. Tel. No.:** (      )  
code

**Sch. Fax. No.:** (      )  
code

**E-mail:**

**The above School wishes to compete in the DIVISION 10 ROUND of the  
17<sup>th</sup> NATIONAL SWIMMING CHAMPIONSHIPS FOR PRIMARY SCHOOLS 2011  
and agrees to abide by the regulations controlling this event.**

**ALL swimmers must be born between 1/9/99 and 31/8/01, inclusive.**

**Events entered:**  
*(Please tick relevant box)*

	4 x 25m Freestyle Relay	4 x 25m Mixed Stroke Relay
Boys Team	<input type="checkbox"/>	<input type="checkbox"/>
Girls Team	<input type="checkbox"/>	<input type="checkbox"/>
Small Schools Team	<input type="checkbox"/>	<input type="checkbox"/>

**Signature of Headteacher:**  
*(Please note that this entry is not valid  
without the signature of the Headteacher)*

Type of School? *(Please tick)*  
State  Independent

**This section to be completed by ALL schools:**  
**Number of pupils on roll:-**  
Year 5  Year 6

**Number of swimmers in your team:-**  
Boys  Girls

**THERE IS A £5.00 ENTRY FEE TO TAKE PART IN THIS CHAMPIONSHIP**  
**(£5.00 per school team. Mixed schools entering both boys and girls teams £10)**  
**Cheque payable to ESSA Division 10 must be sent with this entry form.**

**PLEASE RETURN THIS FORM TO: DIANE OWEN,  
BY POST TO: 170.MALVERN AVENUE, HARROW, MIDDLESEX. HA2 9HD.  
OR BY E-MAIL: d.owen@essa-schoolswimming.com  
BEFORE THE END OF THE SPRING TERM  
TEAM SHEETS MUST BE SENT A WEEK BEFORE THE CHAMPIONSHIPS**

**PRIMARY SCHOOL TEAM CHAMPIONSHIPS**  
**Woodside Leisure Centre, Watford. WD25 7HH - 6.30pm for 7pm**

**Please read the following notes carefully.** They should explain everything that you need to know including some rules for disqualification that you may not realise will be enforced.

These championships are for children born between 1st September 1998 and 31st August 2001, they are usually in years 5 & 6. They **must** be on the school roll.

There is a separate section for small schools. See the 'Rules' for information – Section 5 (b) vi. Also please note that you do not have to have a fly swimmer in the 'mixed stroke relays', see rules, section 5 (b) iii, iv and vi. The relays are 4 x 25m (1 length) and will be swum under ASA rules. Remind your swimmers that if they enter the water/or move before the starting signal, the team will be **disqualified**. Also, the wearing of 2 swimming costumes can cause a team to be disqualified!

**If you think that your team has a good chance of winning then please make enquiries at school as to whether your team will be able to take part in the English Schools National finals at Sheffield on 18<sup>th</sup> June 2011. I will need to know the answer by Monday 16<sup>th</sup> May at the latest.**

The pool is shallow is 2 metres deep at both ends Swimmers may dive off the block or the side **only** if they have reached the level of the '**competitive start**' award. **Teachers please ensure that the swimmers follow your instructions as to whether they start in the water or dive from the poolside, it is your responsibility. Also please ensure that your swimmers are capable of swimming 25m under duress i.e. racing.**

Your school must be affiliated to Division Ten, probably through your local schools' swimming association. Any problems and concerns do not hesitate to contact me. If phoning, please leave an evening contact number. We look forward to seeing you at Watford.

**If you require verification that I have received your entry by post then please enclose a 'stamped addressed' postcard. If you email your entry, I will reply by email. I will not be corresponding again, I look forward to receiving your entry form and team sheets at the appropriate times. If, then, you find that you are unable to compete will you please let me know asap.**

**Also, remember you entry fee: £5 per team, 2 teams £10 (eg for a mixed school.)**  
**YOU CAN CONTACT ME BY LEAVING A MESSAGE ON MY ANSWER PHONE (020 3092 8274), or by e-mail: [diane\\_owen@hotmail.co.uk](mailto:diane_owen@hotmail.co.uk) In emergency, on the day of the competition ONLY, by mobile 07792 310999. Please use the ESSA website for ([www.essa-schoolswimming.com](http://www.essa-schoolswimming.com)) for all information relating to Division Ten (click on '10'). Results will be put on 'Div. 10's website' asap after the championships.**

# **National Championships for Primary Schools**

## **Regulations (effective from October 2006). Under ASA law and technical rules.**

The Primary School Team Relay Championships of England shall take place annually under the ASA Laws and the following conditions:

### **1 Eligibility**

- (a) Only schools which are in affiliation with the English Schools' Swimming Association are eligible to compete.
- (b) Competitors must be on the roll of the School entering the Championship and in full-time attendance there on the closing date for Divisional entries.

### **2 Transfers**

Pupils transferred from one school to another, will only be eligible to swim for the school for which they were first entered.

### **3 Age**

Competitors must be aged 9 years and under 11 years as at midnight August 31st/September 1st, at the commencement of the academic year of the Championships.

### **4 Control**

- (a) The sole control and management of the Championships will be in the hands of the Council.
- (b) Arrangements for all stages of the Championships up to, and including Divisional Rounds will be in the hands of the Divisions. They will fix the closing dates and approve the officials.
- (c) In the Divisional Rounds and the Divisional Finals, schools will have at least two weeks notice of the date, time and venue.

### **5 Entries**

- (a) Entries are made through Divisions. Divisions may select up to two teams, from their Division, to compete in each of the freestyle, mixed stroke and the small schools relay events.
- (b) Schools may enter:
  - (i) one freestyle team of four boys;
  - (ii) one freestyle team of four girls;
  - (iii) one mixed stroke team of four boys (stroke order: Backstroke, Breaststroke, Butterfly or Breaststroke and Freestyle); with Freestyle being defined as any stroke other than Backstroke, Breaststroke or Butterfly;
  - (iv) one mixed stroke team of four girls (stroke order: Backstroke, Breaststroke, Butterfly or Breaststroke and Freestyle); with Freestyle being defined as any stroke other than Backstroke, Breaststroke or Butterfly).OR
  - (v) small schools freestyle team of 4 boys, or girls, or any combination of both; none of whom are competing in (i),(ii), (iii) or (iv) above;
  - (vi) small schools mixed stroke team of 4 boys, or girls, or any combination of both; none of whom are competing in (i), (ii), (iii) or (iv) above;  
The mixed stroke relay will be swum as Backstroke, Breaststroke, Freestyle (any stroke), and Frontcrawl.
  - (vii) Competitors may swim in both freestyle and mixed stroke relays.  
For the purpose of these Championships small schools are defined as being those which have no more than a combined total of 50 in curriculum years 5 and 6.

- (c) Entries shall close on a date set by the Division and shall be made on the official entry form, which will be obtained from and returned to the representative of the Division in which the School is situated. All entry forms must be countersigned by the Headteacher.

### **6 Team Lists**

- (a) Before the commencement of each round a signed statement, showing the names with dates of birth of swimmers, and certifying conformity with the conditions, will be handed to the Organizer by a representative of the School.
- (b) Substitution of reserves is permitted between each round of the Championships but the names and dates of birth must be included in the signed statement in 6(a) above.

### **7 Pool Length**

25m pools will be used at all stages of the Championship. Each member of the team will swim one length.

### **8 Awards**

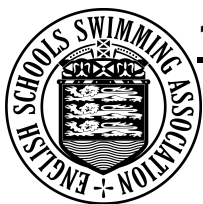
- (a) The Schools attended by the teams placed 1st, 2nd and 3rd in the Championship will be awarded a commemorative plaque to be held permanently, and each member of these teams will be awarded a Championship medal.
- (b) Challenge trophies will be awarded to the winning schools in each event.
- (c) All schools participating in 'A' final, or winning the 'B' final will receive a National Finalist Certificate.
- (d) All schools represented in the National Finals will receive commemorative certificates.
- (e) The members of all teams competing in the National Finals will receive a certificate of participation.
- (f) Council may issue awards at other levels of the Championships, at its discretion.

### **9 Expenses**

Each team shall be responsible for its own expenses.

### **10 Responsibility**

A qualified school teacher, or suitable adult as approved by the Head of the School, must accompany each team at all stages of the competition.



# 17<sup>th</sup> NATIONAL SWIMMING CHAMPIONSHIPS FOR PRIMARY SCHOOLS 2011 DIVISION 10

**6.30 for 7pm, 6<sup>th</sup> May 2011, Woodside Leisure Centre, Watford, WD25 7HH**

***Have you sent your entry fee? If not, do so NOW!***

## NAMES OF SWIMMERS IN SQUAD for DIVISIONAL ROUND

<b>School:</b>	<b>Division 10</b>
----------------	--------------------

<b>Event:</b> <small>(please tick relevant boxes)</small>	<b>4 x 25m Freestyle Relay</b>	<b>4 x 25m Mixed Stroke</b>
<b>Boys Team</b>		
<b>Girls Team</b>		
<b>Small Schools Team</b>		

### SQUAD LIST (Swimmers names for both relays – freestyle and mixed stroke)

	FULL NAME <small>(PLEASE USE BLOCK CAPITALS)</small>	DATE OF BIRTH <small>(from 1/9/99 to 31/8/01)</small>	SCHOOL YEAR
1			
2			
3			
4			
5			
6			
7			

<b>Adult in charge on poolside:</b> <b>(Please print)</b>
--

<u>I confirm that the above pupils are on the full time roll of the above School and that their date of births are correct.</u>	
<b>Signature</b> <small>(Teacher in charge)</small>	<b>Date</b>
<input style="width: 90%;" type="text"/>	<input style="width: 90%;" type="text"/>

<p><b>PLEASE RETURN THIS FORM ONE WEEK BEFORE THE CHAMPIONSHIPS to Mrs Diane Owen, 170 Malvern Avenue, Harrow, Middlesex, HA2 9HD</b></p>
---