

# EAST HERTS PRIMARY SCHOOLS SWIMMING ASSOCIATION

Woodside Primary School,  
Jones Lane,  
Goffs Oak,  
Herts EN7 5JS  
Tel: 01707 888333  
[joannebishop@me.com](mailto:joannebishop@me.com)

Dear Head,

The trials to pick a team of swimmers to represent East Herts in the County Gala (Friday 11<sup>th</sup> May 2012, at Watford Pool 7pm start) will take place at **Hartham Pool, Hertford on Saturday 21st January 2012 starting at with the warm up at 5pm.** **Parents and children must not arrive at the Pool before 4.45pm.** I would be grateful if you could hand out the relevant information to any very good swimmers in your present years 5 and 6. I must stress that children wishing to take part in these trials must be able to meet the times shown on the attached sheet.

**N.B. These trials are for children with excellent swimming ability. Please do not send children who cannot meet the requirements in terms of times and correct strokes. It is not only time-wasting for the officials but extremely demoralising for the children if they find themselves disqualified.**  
**All individual events are swum over 50m – both Y5 and Y6.**

Two children are chosen for each individual event so that the East Herts team will be made up of sixteen swimmers from Year 5 and sixteen swimmers from Year 6 (comprising eight boys and eight girls from each year group). Each selected swimmer will swim in an individual event and either the freestyle or medley relay. The standard of swimming is high and to assist you in assessing those children capable of entering the trials I am including some times for the four main strokes, set out below.

The third page of this e-mail attachment can be sent to the parents of children you consider may be interested, together with a copy of the sheet showing slowest times to be achieved. Please photocopy as necessary.

There will be a fee of £2.00 per child levied to enter these trials and this will be payable on the day. This assists in payment for the hire of pool. Spectator space is limited and a charge of £1.00 per person will be made to those parents wishing to watch the trials.

Would you please fill in the form on page 2 in block capitals and return to me at the e-mail address shown at the top of this letter on or before 16<sup>th</sup> December 2011. This will ensure that children's names are spelt correctly on results sheets and the team list.

If you have any members of staff or parents who would be willing to help with marshalling the children or any other non-official poolside tasks on the day, please ask them to contact me on the number at the top of this letter.

All LEA schools entering children for these trials have free affiliation to the Hertfordshire Schools Swimming Association.

If you have any problems please contact **Mrs. Joanne Bishop or Miss Amy Plant at Woodside Primary School, Goffs Oak, telephone 01707 888333, [joannebishop@me.com](mailto:joannebishop@me.com)**

Yours sincerely,

Joanne Bishop  
Amy Plant  
**Secretaries**

## **TIMES SWIMERS MUST HAVE ACHIEVED**

STROKE	DISTANCE	YEAR 6	YEAR 5
Breaststroke	50m	52.0 secs	56.0 secs
Backstroke	50m	46.0 secs	48.0 secs
Freestyle	50m	39.0 secs	41.0 secs
Butterfly	50m	48.0 secs	52.0 secs

**EAST HERTS PRIMARY SCHOOLS SWIMMING ASSOCIATION**

**PLEASE RETURN THIS FORM BY E-MAIL TO [joannebishop@me.com](mailto:joannebishop@me.com) by Friday 16<sup>th</sup> December 2011.**

**TRIALS – SATURDAY 21st JANUARY 2012 starting at 5.15pm (Warm up 5.00pm)  
VENUE - HARTHAM POOL, HERTFORD**

Name of School .....

Please list below **names and dates of birth** of children attending from your school.  
It would be helpful if you could print the names.

**Year 5 Girls**

**Year 5 Boys**

Name	Date if Birth	Stroke to enter	Time achieved	Name	Date if Birth	Stroke to enter	Time achieved

**Year 6 Girls**

**Year 6 Boys**

Name	Date if Birth	Stroke to enter	Time achieved	Name	Date if Birth	Stroke to enter	Time achieved

**N.B.** All strokes **MUST** CONFORM TO ASA Laws.

**NO UNDER AGE SWIMMERS ACCEPTED**

**THIS FORM TO BE RETURNED BEFORE 16th December 2011  
TO:**

**Mrs Joanne Bishop  
[Joanne.bishop@me.com](mailto:Joanne.bishop@me.com)**

Dear Parents,

## **East Herts Primary Schools Swimming Association - EAST HERTS TEAM TRIALS**

**SATURDAY 21st JANUARY 2012 - 5pm warm up for 5.15pm start - HARTHAM SWIMMING POOL, HERTFORD**

The trials to select the team to compete in the **Herts County Junior Swimming Gala (Friday 11<sup>th</sup> May at Watford pool 7pm)** are being held as shown above. If your child would like to be entered for this event and has definitely achieved the times below please complete this form and return it to your school. They will then enter your child for you. As this is a schools event all paperwork must go through the school.

### **For your information**

**Children should arrive at Hartham no earlier than 4.45 pm for a 5.15 pm start. (Warm up 5.00pm)**

It is imperative that we respect the Hartham Pool rules regarding spectators and time of entry to the pool for this event. We would ask that you take note of the arrival time above and **do not arrive before that time.**

Times will be taken for Year 5 and Year 6 children **over 50m** for Backstroke, Breaststroke, Freestyle and Butterfly. All strokes will be swum to ASA laws.

An entry fee of £2.00 per child will be charged, payable on the day.

Spectators space is limited and a charge of £1.00 per person will be made to parents wishing to watch the trials.

### **SLOWEST TIMES TO BE ACHIEVED BY SWIMMERS**

STROKE	DISTANCE	YEAR 6	YEAR 5
Breaststroke	50m	52.0 secs	56.0 secs
Backstroke	50m	46.0 secs	48.0 secs
Freestyle	50m	39.0 secs	41.0 secs
Butterfly	50m	48.0 secs	52.0 secs

Children attending these trials **MUST** be able to meet the suggested times shown and also have correct strokes (i.e. strokes that comply with the requirements laid down in ASA rules)

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## **East Herts Primary Schools Swimming Association - EAST HERTS TEAM TRIALS**

Please enter my child \_\_\_\_\_ from Year \_\_\_\_\_ for the East Herts Schools Team Trials.

**My child has achieved the following times and would like to be entered in the event(s) detailed below.**

STROKE	DISTANCE	TIMES ACHIEVED
Breaststroke	50m	
Backstroke	50m	
Freestyle	50m	
Butterfly	50m	

**Please return this form to your Headteacher before the 13<sup>th</sup> December 2011**