**INTER-DIVISIONAL SWIMMING CHAMPIONSHIPS**

**9th & 10th March 2024**

 **Alan Higgs Pool, Coventry Level 1 Licensed Meet**

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| Name; Home Address;Postcode |  | Date of Birth: Male/Female |
|  | Home Telephone number:  |
|  | Home Email address:Please PRINT clearly: |
|  | Swim England REG. NO.  |

*The above swimmer wishes to be considered for the East Divisional Team for the Inter-Divisional Swimming Championships to be held at Coventry on 9th & 10th March 2024 and agrees to abide by the regulations controlling this event.*

|  |  |
| --- | --- |
| **SCHOOL** | **SCHOOL ADDRESS** |
| EVENTS TO BE CONSIDERED(Please complete relevant boxes) | SUBMITTED TIME | S/LCOURSE | DATE SWUM |
| 200m INDIVIDUAL MEDLEY  |  |  |  |
| 400m INDIVIDUAL MEDLEY  |  |  |  |
| 50m BACKSTROKE |  |  |  |
| 100m BACKSTROKE |  |  |  |
| 200m BACKSTROKE |  |  |  |
| 50m BREASTSTROKE |  |  |  |
| 100m BREASTSTROKE |  |  |  |
| 200m BREASTSTROKE |  |  |  |
| 50m BUTTERFLY |  |  |  |
| 100m BUTTERFLY |  |  |  |
| 200m BUTTERFLY |  |  |  |
| 50m FREESTYLE |  |  |  |
| 100m FREESTYLE |  |  |  |
| 200m FREESTYLE |  |  |  |
| 400m FREESTYLE |  |  |  |

|  |  |  |
| --- | --- | --- |
| Age Groups; Juniors, Yrs 7 & 8 (b. 01/09/2010 - 31/08/2012)Inters, Yrs 9 & 10 (b. 01/09/2008 - 31/08/2010)Seniors, Yrs 11, 12 & 13 (b 01/09/2005 - 31/08/2008)Team Manager: Mr Antony Wittonantony.witton@beaumont.school  |  | **RETURN THIS FORM BY POST / EMAIL to:***Brenda Prescott MBE**The Grey House,* *32, Stubbs Wood,**Chesham Bois,**Amersham.**HP6 6EY**01494 725117*brenda.m.prescott@gmail.com *NO LATER* than **Friday 15th December** |

**Level 1 Licensed Meet**

*To qualify for selection, swimmers must attend a school in the East Division of ESSA. (Bedfordshire, Cambridge, Essex, Hertfordshire, Norfolk, or Suffolk). Swimmers can also be Home Educated in this region.*

Submitted times will be verified using the British Swimming rankings.

If your form is submitted early and your ranking time improves subsequently, please let me know.

By submitting this form, you are committing yourself to keep the dates free if you are selected for the East Division Team.

You may submit times for as many events as you like but swimmers are limited to 3 individual events and both relay events in their age group at Coventry.

The 50m events will be OPEN events. Only 1swimmer can be selected/division for these Open events.

There will be a small charge to parents to help fund team shirts, hats, travel & food.

Travel arrangements to Coventry will be confirmed AFTER the team selection has been made.

There will also be an optional charge for the team photo.

All the team will stay together at the hotel.

Swimmers who have a team shirt and/or hat from last year, in good condition, will be charged a reduced fee.