**INTER-DIVISIONAL SWIMMING CHAMPIONSHIPS**

**27th & 28th June**

**SUNDERLAND**

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| --- |
| NAME: *(Please PRINT)*  |
| ADDRESS:POST CODE:  |  | School Year Group: |  |
|  | Date of Birth:  |  Male/Female |  |
|  | Telephone number: |  |  |
|  | Email address: |  |  |
|  | ASA REG. NO.  |  |  |
|  |  |  |

*The above swimmer wishes to be considered for the East Divisional Team for the Inter-Divisional Swimming Championships to be held at Sunderland on* ***27th & 28th June*** *and agrees to abide by the regulations controlling this event.*

|  |  |
| --- | --- |
| SCHOOL | SCHOOL ADDRESS |
| EVENTS TO BE CONSIDERED(Please complete relevant boxes) | LONG COURSE SUBMITTED TIME | SHORT COURSE SUBMITTED TIME | DATE SWUM |
| 200m INDIVIDUAL MEDLEY  |  |  |  |
| 400m INDIVIDUAL MEDLEY  |  |  |  |
| 100m BACKSTROKE |  |  |  |
| 200m BACKSTROKE |  |  |  |
| 100m BREASTSTROKE |  |  |  |
| 200m BREASTSTROKE |  |  |  |
| 100m BUTTERFLY |  |  |  |
| 200m BUTTERFLY |  |  |  |
| 100m FREESTYLE |  |  |  |
| 200m FREESTYLE |  |  |  |
| 400m FREESTYLE |  |  |  |
| 800mGirls/1500mBoys FREESTYLE |  |  |  |

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| --- | --- | --- |
|  |  |  **RETURN THIS FORM BY POST / EMAIL to:**Mrs Brenda Prescott, 32, Stubbs Wood,Amersham, HP6 6EY brenda.m.prescott@gmail.com 01494 725117*NO LATER* than Friday 17th April |
| **NEW** **Age Groups**; Juniors, Yrs 7 & 8 Inters, Yrs 9 &10Seniors, Yrs 11,12 & 13Team Manager: Mrs Diane Owen |  |

This event is a LONG COURSE Level 1 meet.

800 &1500m races are OPEN events. All other events are swum in the age groups indicated above. Please note, age groups have been revised this year.

The East team will be selected using the British Swimming rankings at the end of April 2015.

If your form is submitted early and your ranking time improves subsequently, please let me know.

There will be a small charge to parents to help fund team shirts, hats, travel & food.

All the team will stay together on Saturday night at the hotel allocated by ESSA.

Swimmers who have a team shirt and hat from previous years, in good condition, will be charged a reduced fee.