English Schools’ Swimming Association

East/South East Divisions

Affiliated to ESSA and Swim England East Region

Schools are automatically affiliated to ESSA.

Individual Championships for children in school years 5 and 6

Held under Swim England Laws and Technical Rules of Swimming

Suitable for school team swimmers and club swimmers

**Friday 12th November 2021**

Warm up 7pm – start 7:30pm

**Woodside Leisure Centre, Horseshoe Lane, Watford, Herts WD28 7HH**

Online entry form available at [www.hertsssa.org.uk](http://www.hertsssa.org.uk) or click [HERE](http://www.hertsssa.org.uk/2021-primary-indiv-champs-entry-form.html)

Alternatively complete the form below and return via email

Medals will be presented for 1st, 2nd & 3rd places in each age group event

**Entry fee £5.00 per event**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Swimmers must have achieved or be close to achieving the following entry times | | | | |
| Event | Year 5 Girls | Year 6 Girls | Year 5 Boys | Year 6 Boys |
|  |  |  |  |  |
| 50m Backstroke | 54.00 | 47.00 | 54.00 | 50.00 |
| 50m Breaststroke | 56.00 | 52.00 | 59.00 | 55.00 |
| 50m Butterfly | 50.00 | 49.00 | 59.00 | 50.00 |
| 50m Freestyle | 42.00 | 38.00 | 45.00 | 40.00 |
| 100m Individual Medley | 1.45.00 | 1.40.00 | 1.55.00 | 1.40.00 |

|  |
| --- |
| **Parents/Guardians please read all the information on the entry form carefully.** |
| 1. Entry will not be accepted for an event if an entry time is not submitted for that event. 2. Submitted times on entry forms are subject to verification. 3. There will be a pre-determined number of heats for each event due to gala run-time constraints. 4. The promoter exercises the right to reject entries in the event the competition is oversubscribed so achieving an entry time for an event does not necessarily guarantee acceptance to this competition. 5. All correspondence about the gala will be via email from: primary.essa@gmail.com 6. Acceptance emails will not be sent until after entries have closed 7. All events will be Heat Declared Winner. 8. Competitors must have reached the standard of the ASA competitive Start Award to dive   from the blocks.  Any questions please contact Zoë McQuire 07729800923 |

English Schools’ Swimming Association

East/South East Divisions

Affiliated to ESSAand Swim England East Region

**Friday 12th November 2021**

**Warm up 7pm – start 7:30pm**

**Woodside Leisure Centre, Horseshoe Lane, Watford, Herts WD28 7HH**

**ENTRY FORM**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Full Name** | Click or tap here to enter text. | | | | | | | | **D.O.B** | | | | Click or tap here to enter text. | | | | | | |
| **Please click appropriate box** | | | | | | | | | | |
| **School** | Click or tap here to enter text. | | | | | | | | **Girl** | | |  | | | **Boy** | | |  | |
| **Year 5** | | |  | | | **Year 6** | | |  | |
| **Please enter valid email address(s).**  **Communication will be by email from**  **primary.essa@gmail.com** | | | | | | | | | **Phone number(s)**  Click or tap here to enter text. | | | | | | | | | | |
| **Description: http://www.csuchico.edu/chico302/Chico%20302/Icons/EmailIcon03.gif**  Click or tap here to enter text. | | | | | | | | | **Swimming club (if applicable)**  Click or tap here to enter text. | | | | | | | | | | |
| Please refer to minimum entry times on the previous page and indicate the events you wish to enter by writing your child’s entry time for those events. | | | | | | | | | | | | | | | | | | | |
| 50m Backstroke | | | | Click or tap here to enter text. | | 50m Butterfly | | | | | | Click or tap here to enter text. | | | | | | | |
| 50m Breaststroke | | | | Click or tap here to enter text. | | 50m Freestyle | | | | | | Click or tap here to enter text. | | | | | | | |
| 100m Individual Medley (4 x 25m) | | | | | | Click or tap here to enter text. | | | | | | | | | | | | | |
| Number of events entered @ £5 per event = £ Click or tap here to enter text. | | | | | | | | | | | | | | | | | | | |
| Ways to pay – BACS transfer (preferred) or PayPal. Please click the box of your chosen method. | | | | | | | | | | | | | | | | | | | |
| BACS | | click | The East ESSA  Sort code 20-20-37. Account number 40623695 | | | | | | | | | | | | | | | | |
| PayPal | |  | primary.essa@gmail.com PLEASE use the option “Send to someone you trust” else we do not get your full fee | | | | | | | | | | | | | | | | |
| Reference Click or tap here to enter text.  Please use your child’s school year, sex, family name and first initial as reference. | | | | | | | | | | | | | | | | | | | |
| **Signature / Electronic signature of Parent:**  Click or tap here to enter text. | | | | | | | | | | | | **Date.**  Click or tap here to enter text. | | | | | | | |
| Please complete and email this entry form as a docx or .doc file  but **not** a scanned image or PDF please  to: **primary.essa@gmail.com**  Entries should be received by **5th November 2021** | | | | | | | | | | | | | | | | | | | |
| PIC 2021 H | | Rec |  | | PR |  | | | # events | |  | # | |  |